

December 19, 2017

Tricia Baker  
707 Alexander Road  
Princeton, NJ 08540

I am pleased to write this letter of recommendation on behalf of Tricia Baker and the Attitudes in Reverse ® Coming Up For AIR and AIR Dogs program.

The SOURCE at Red Bank Regional High School is a School Based Youth Services Program designed to help young people navigate their adolescent years, finish their education, obtain skills leading to employment or continuing education, and graduate healthy and drug free. Our services include; individual, group and family counseling, academic support, preventative medical, dental and eye care, recreational and cultural events and scholarship opportunities.

Every marking period our clinicians go into the health classes to present Signs of Suicide curriculum. About 3 years ago, after meeting and attending one of Tricia Bakers powerful presentations, we knew we needed to invite her to our school to present Coming Up For AIR to our freshman classes. Tricia's presentation is powerful, real and honest. She is able to remove the stigma associated with mental health disorders while providing clear and direct resources for student support. Students were so moved you could hear a pin drop in the room.

After the presentation, students hung around to speak to Tricia to share stories about family members and friends who they know are struggling with depression and suicide. They especially loved the opportunity to meet Miki, one of Tricia's therapy dogs. The feedback we received from students was so positive, we continue to this program to RBR every year.

When scheduling Suicide Prevention Education for your school, workplace or conference, I, without hesitation, recommend Coming Up For AIR and the AIR Dogs Program.

Sincerely,

*Suzanne Keller*

Suzanne Keller  
Program Director, The SOURCE