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To Whom It May Concern,

I am writing to express my feedback about the experience that we had here at Hubbard School with Tricia Baker of Attitudes in Reverse, her dog Goober and her volunteers with their dogs. On May 1st, our district hosted Mental Health Awareness day. I invited Tricia to come to meet with my second and third graders as part of the day's events. She exceeded my expectations. Her disposition, lessons and materials were phenomenal. Goofy Goober was exceptionally patient and willing to be approached by children for the entirety of the day, class after class. Mrs. Baker's volunteers and their dogs were also lovely and valued the importance of what the day had to offer to the students as well.

I definitely recommend Tricia Baker for this age group as she was developmentally appropriate and relatable about subjects from stress, coping with stress and speaking and acting with kindness towards others. She builds the mental health toolkit with the students and shared materials to further support the message.

Feel free to call anytime with questions.

Regards,

Kathy Pina